

## The “At Risk” Patient.

There are many medical conditions which can exhibit symptoms in the lower limb. Any condition which affects nutrition and oxygenation of the tissues can reduce the ability of the tissues to withstand the rigours of normal use. Equally any condition which affects the foot’s sensation or proprioception can result in unrecognised overuse and damage. Additionally any condition or medication which compromises the ability of the body to fight infection can lead to an increased risk of infection from minor and seemingly insignificant injury. Such patients are usually registered and supervised for foot-care by Podiatry in order to minimise risk of tissue damage and infection from self-care or treatment by well-meaning but unqualified individuals.

The practice is equipped to assess circulation and enervation and provides assessment reports on behalf of patients “at risk” of foot problems resulting from their underlying medical conditions or on-going medical treatment.

We maintain an “at risk” patient register at our practice which enables them to have same day access to podiatrists about their foot health.



Image of a diabetic ulcer.